

Appropriate Utilization of Hospital Resources to Optimize Care and Department Efficiency

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**THE OHIO STATE
UNIVERSITY**

WEXNER MEDICAL CENTER

Learning Objectives

- After attending this continuing education unit, attendees will be able to:
- Evaluate the efficiency of an imaging department's operations to ensure imaging access for the right patient at the right time
- Recognize the importance of assessing a department culture and fostering team engagement
- Understand the significance of collaboration and engagement with high-impact interdisciplinary teams
- Implement sustainable change through utilization of Lean methodology

Agenda



Introductions and Organizational Overview



Why: Increase MRI demand



Objective: Determining Necessary Adjustments



Strategy: Executing the Proposed Changes



Outcomes: Evaluation of Current Progress



Insights: Reflections and Key Takeaways



Future Plans: Mapping Out Next Steps



About us

Presenter Introductions



Lauren Bergstrom, DNP, RN

- Associate Director of Hospital Imaging
Imaging Services Enterprise-wide



Annette Long, RT.R, MR, MRSO

- MRI Imaging Manager
Imaging Services UH/James

- Department optimization at The Ohio State University Wexner Medical Center would not be successful without the entire LSS project core team and the collaboration from the Inpatient MRI department, Radiology's Analytics expert, Radiologists, interdisciplinary ordering providers, the Analytics Center of Excellence, and the Diagnostic transportation department.

Disclosure Statement

The following presenters of this continuing education unit has no relevant financial relationships with commercial interests to disclose:

- Lauren Bergstrom DNP, RN
- Annette Long RT(R)(MR)MRSO

About The Ohio State University Wexner Medical Center

We're central Ohio's only academic medical center

7

hospitals

1,404

staffed beds

17

multispecialty
centers

24,500+

Employees

100+

facilities



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WEXNER MEDICAL CENTER

Facts and figures



Nationally ranked academic medical center

On the campus of one of the nation's largest public universities



Ranked for **31 consecutive years** by *U.S. News & World Report* "Best Hospitals"



Magnet recognition from the American Nurses Credentialing Center



1,404
staffed beds



24,507
employees



60,713
patient admissions (FY23)



2,745
faculty researchers



3.4M
outpatient visits (FY23)



225,000
telehealth visits

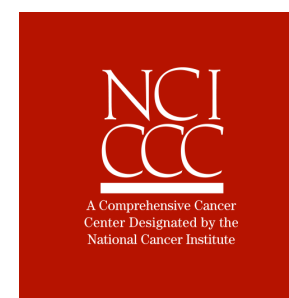


20 research centers and institutes



Hospital Tower

- Scheduled to open in 2026
- Largest single facilities project ever undertaken at Ohio State at 1.85 million square feet
- 820 large, private rooms
- 148 additional beds for patients of the OSUCCC – James
- 51 neonatal intensive care unit bassinets





Why:
Increase in MRI orders
and current department
performance

Background

Why Optimize?

- Unable to meet MRI demand
 - Aging population resulting in increased MRI orders
- Delays in care result in
 - Inability to care for the patients
 - Increased length of stay
 - Increased expenses for inpatient units
 - Loss of revenue
 - Increase in the number of patient complaints
 - Event reports related to delay in access to MRI



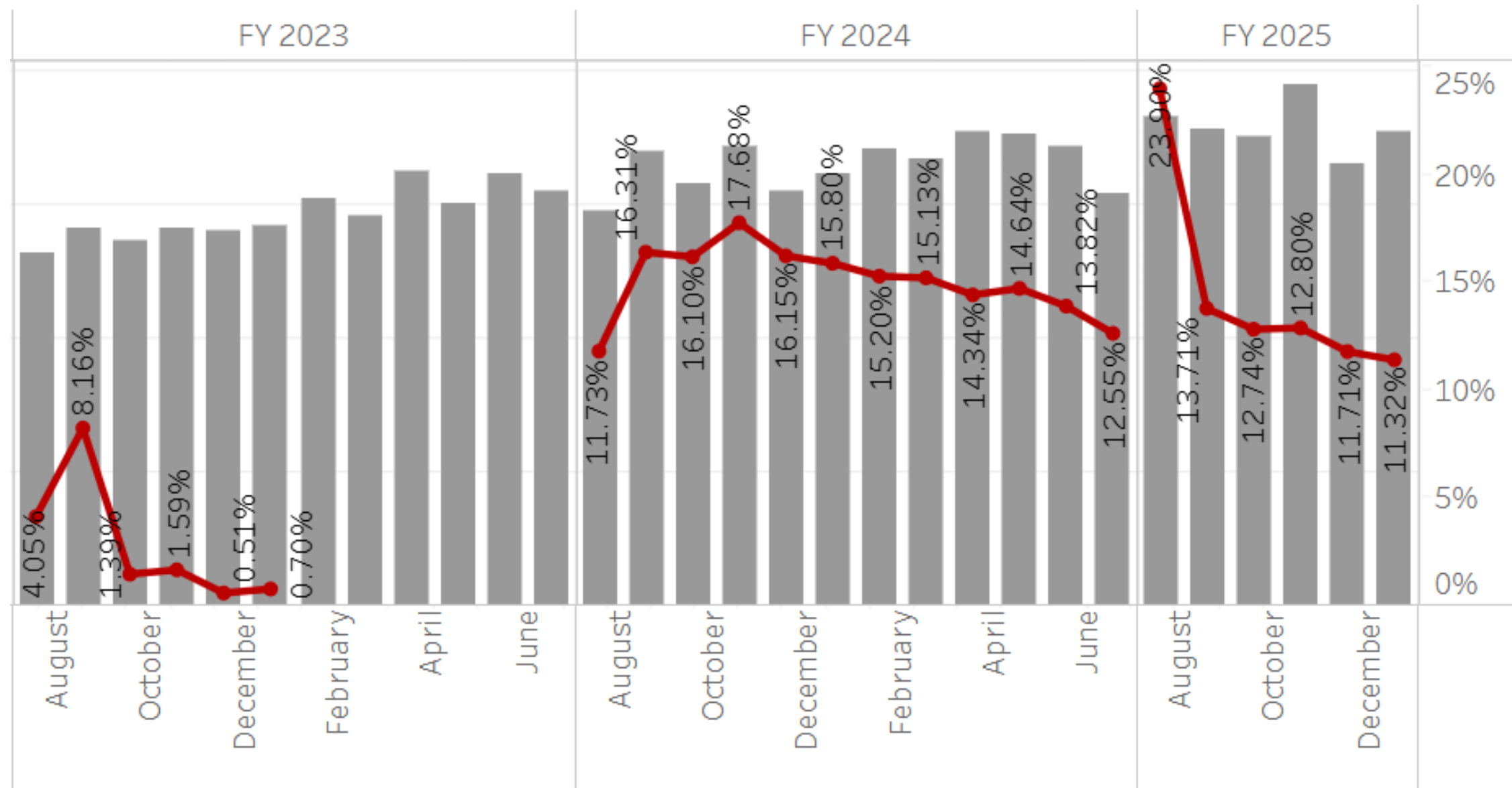
“

**If you cannot measure
it, you cannot improve it**

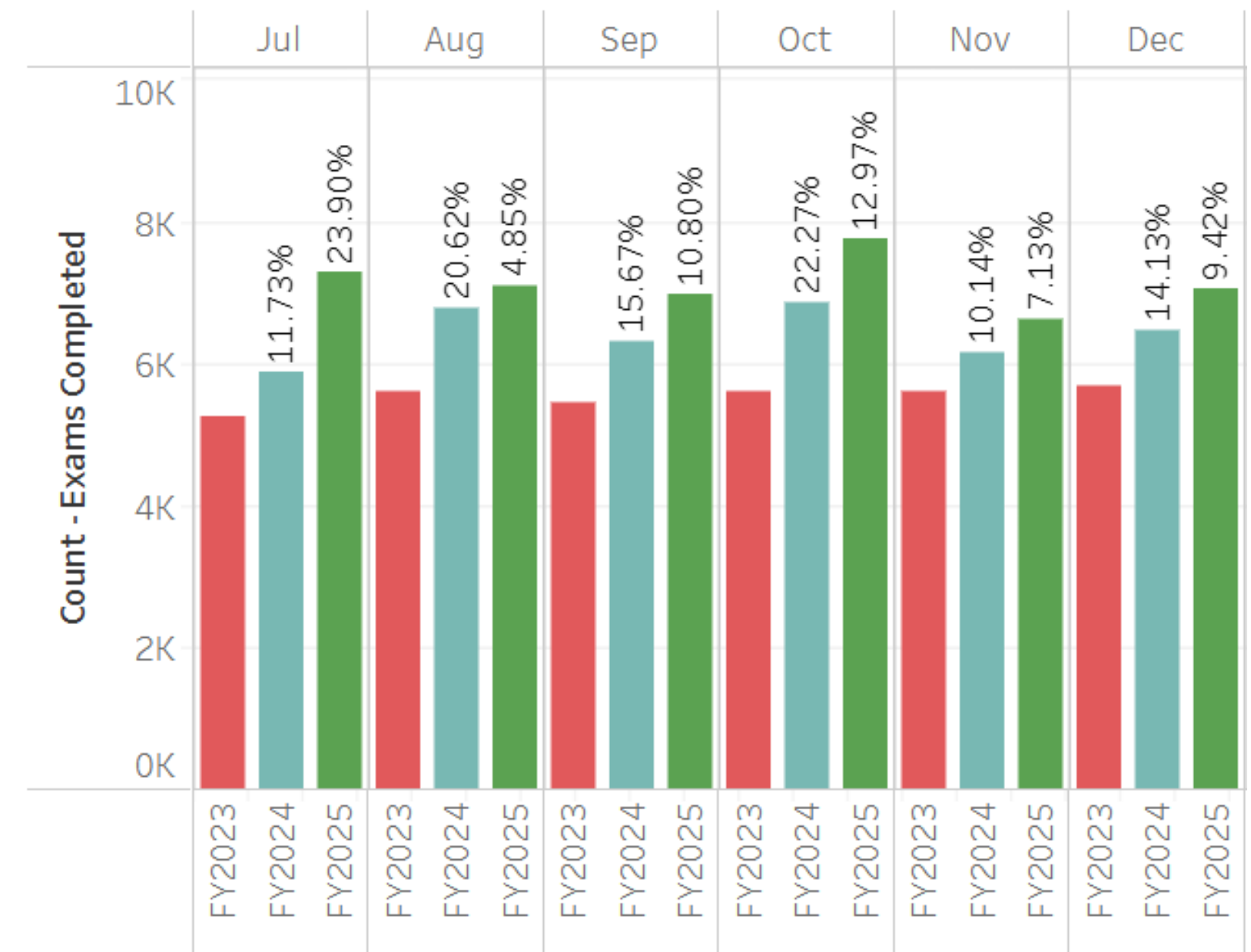
**Measurement Words from Lord Kelvin
– Great 19th Century Physicist**

”

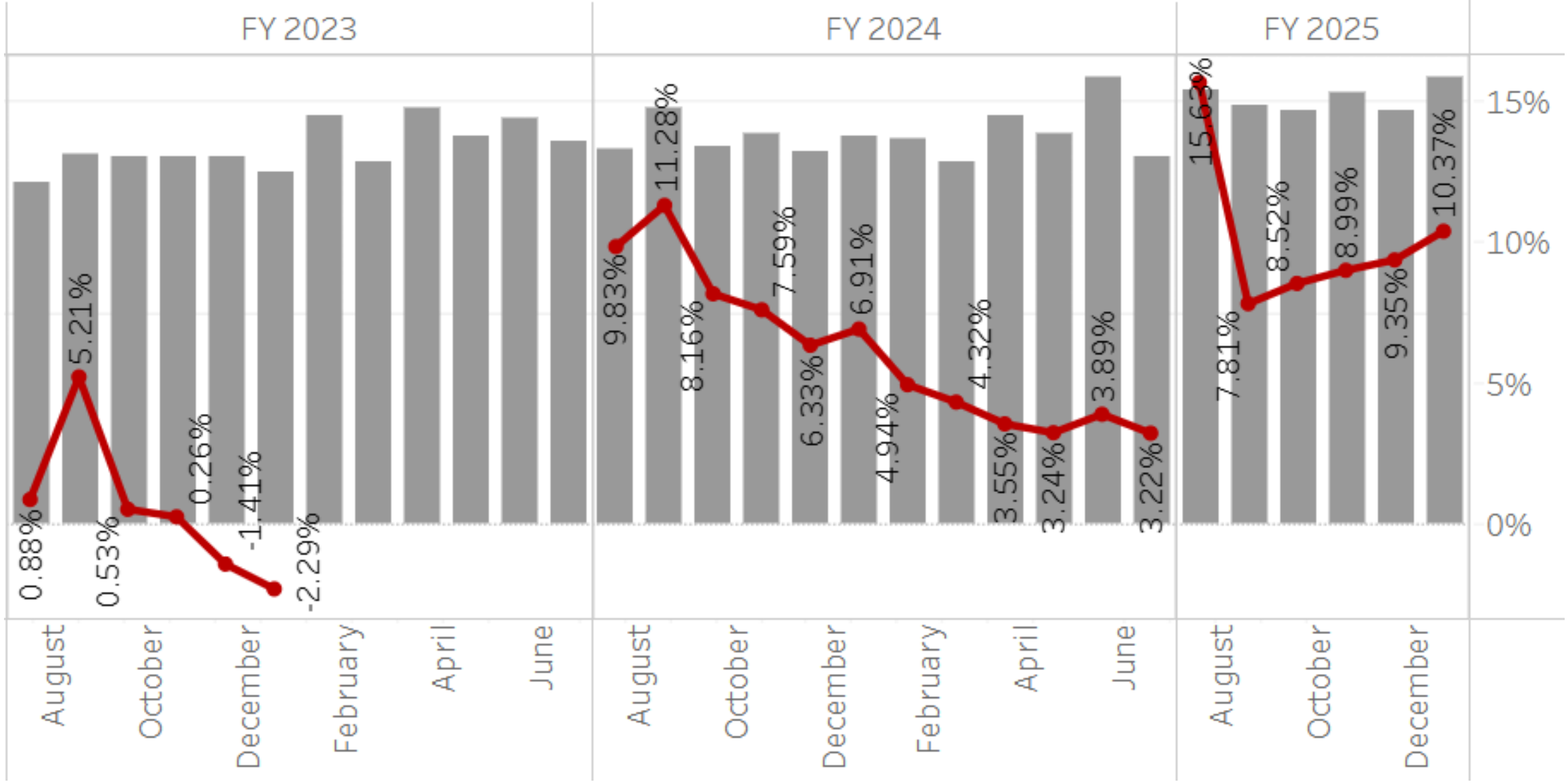
MRI Volumes-Enterprise Wide



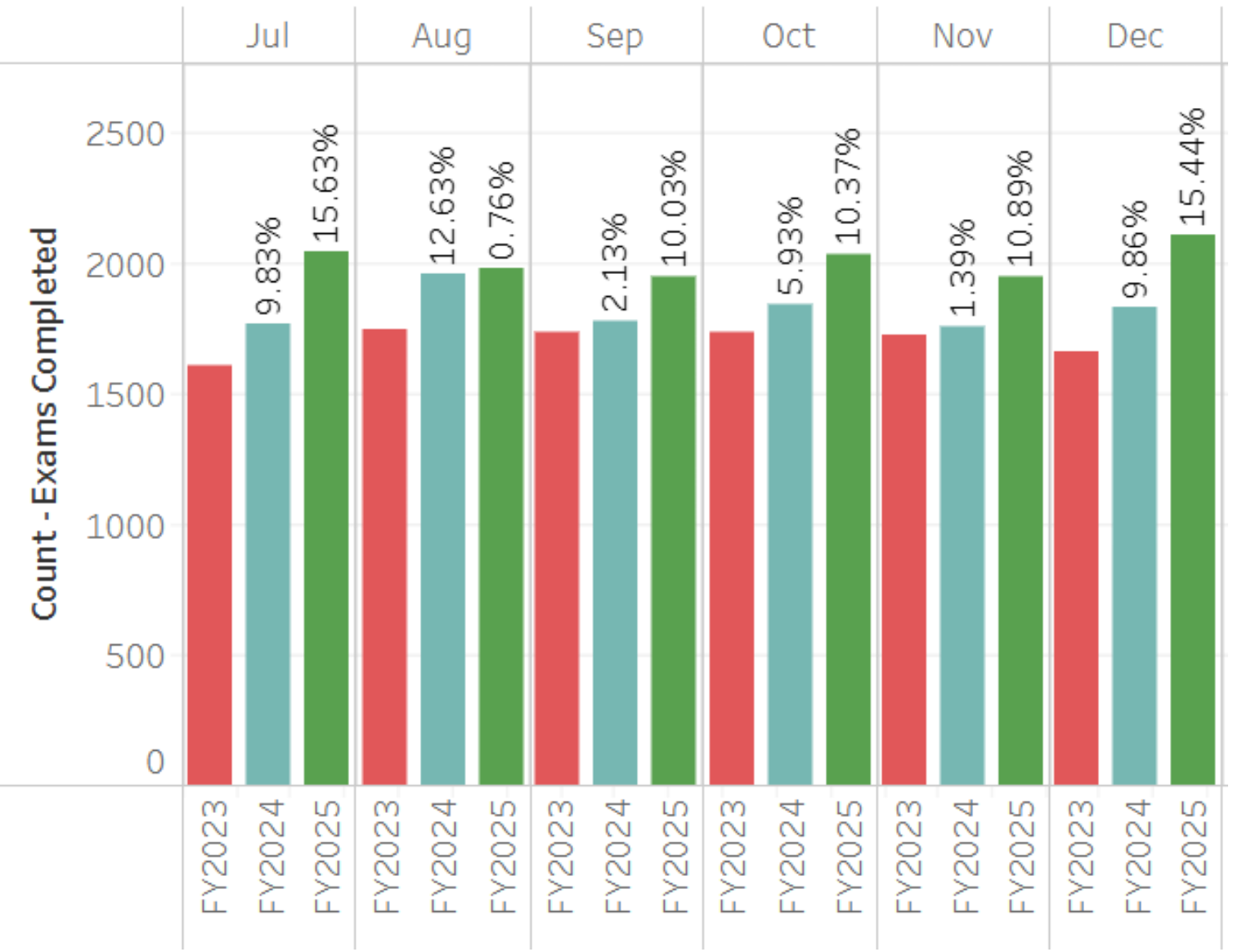
YoY Comparison



MRI Volumes- UH/James



YoY Comparison





Objective:
Identifying Essential
Adjustments

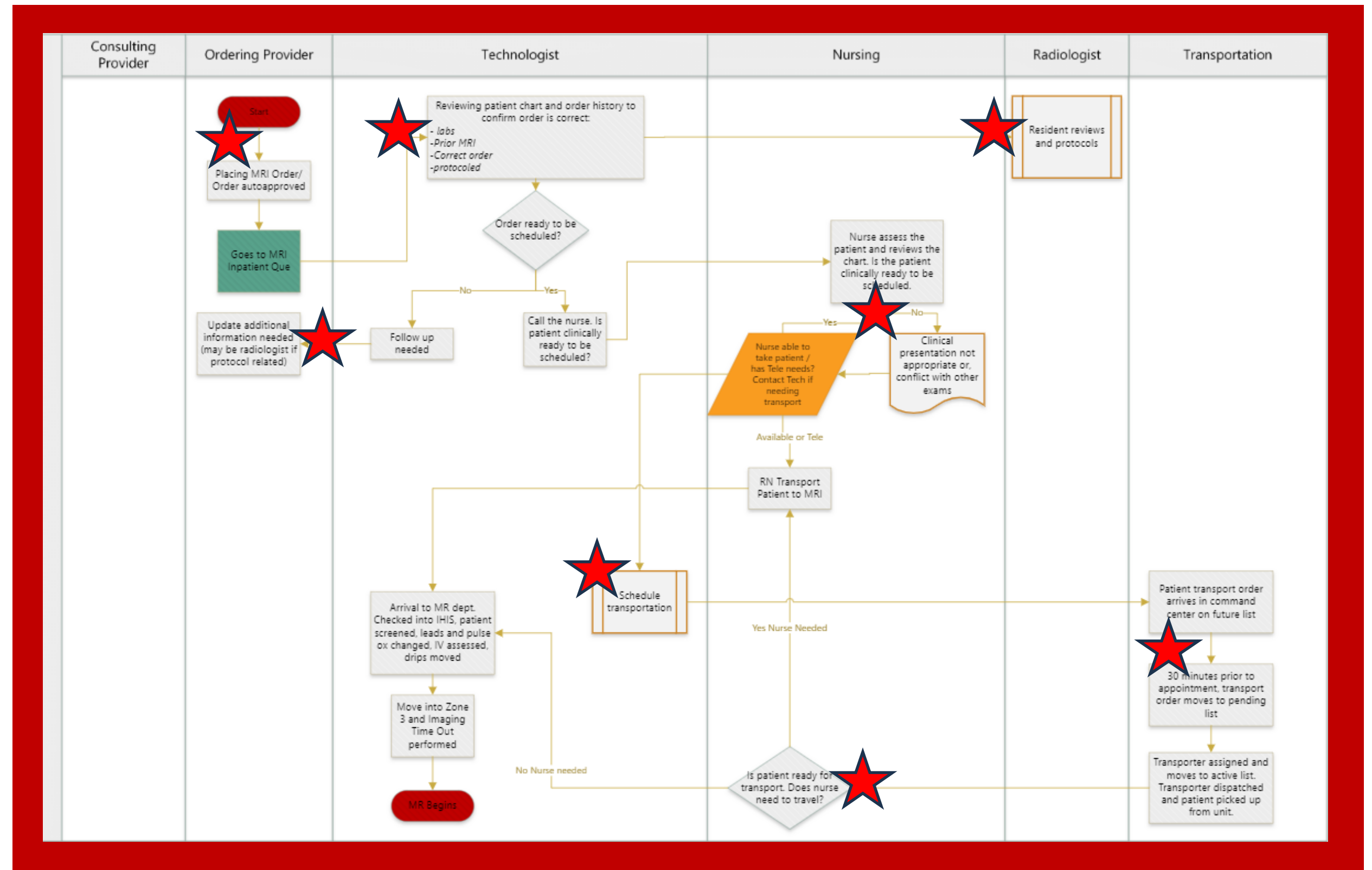
Process Map Identifies Opportunities

“A problem well defined is a problem half solved”

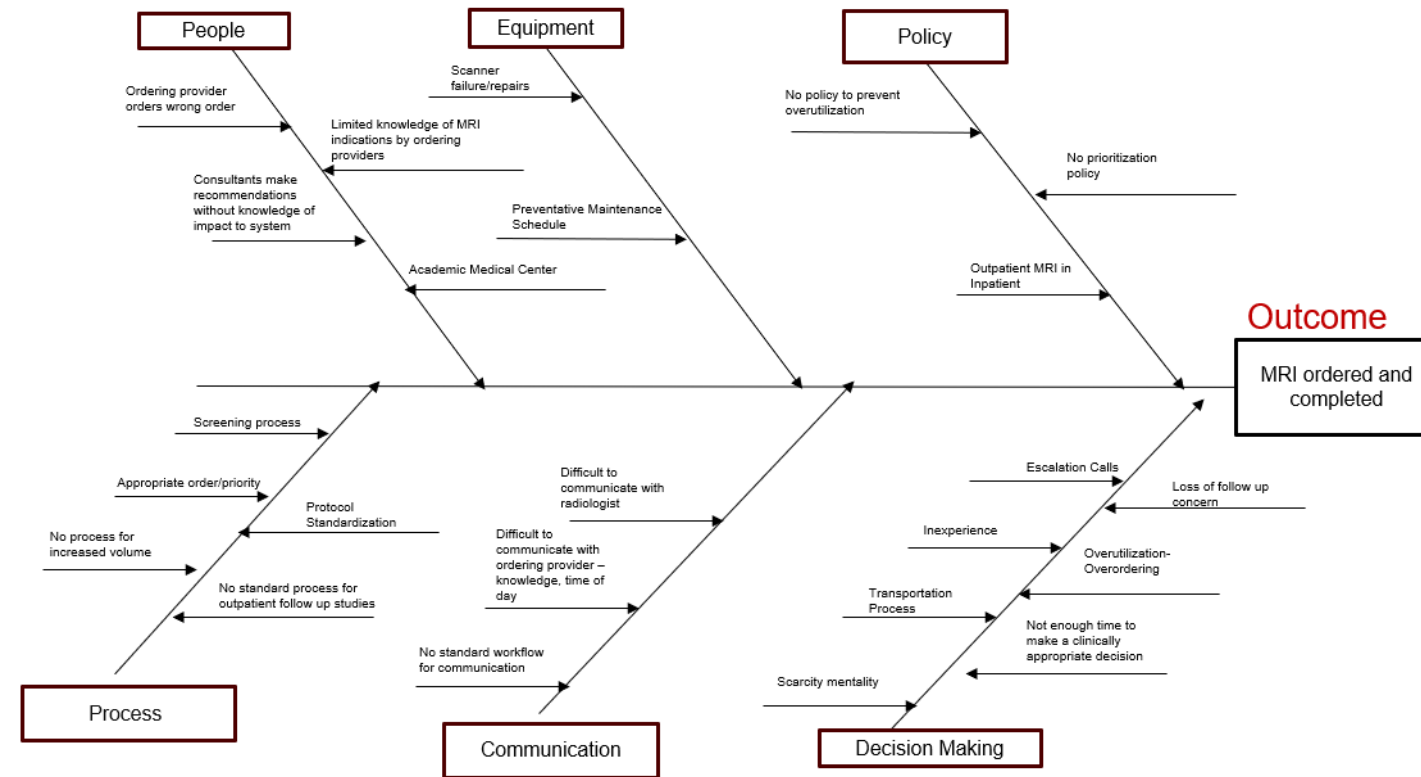
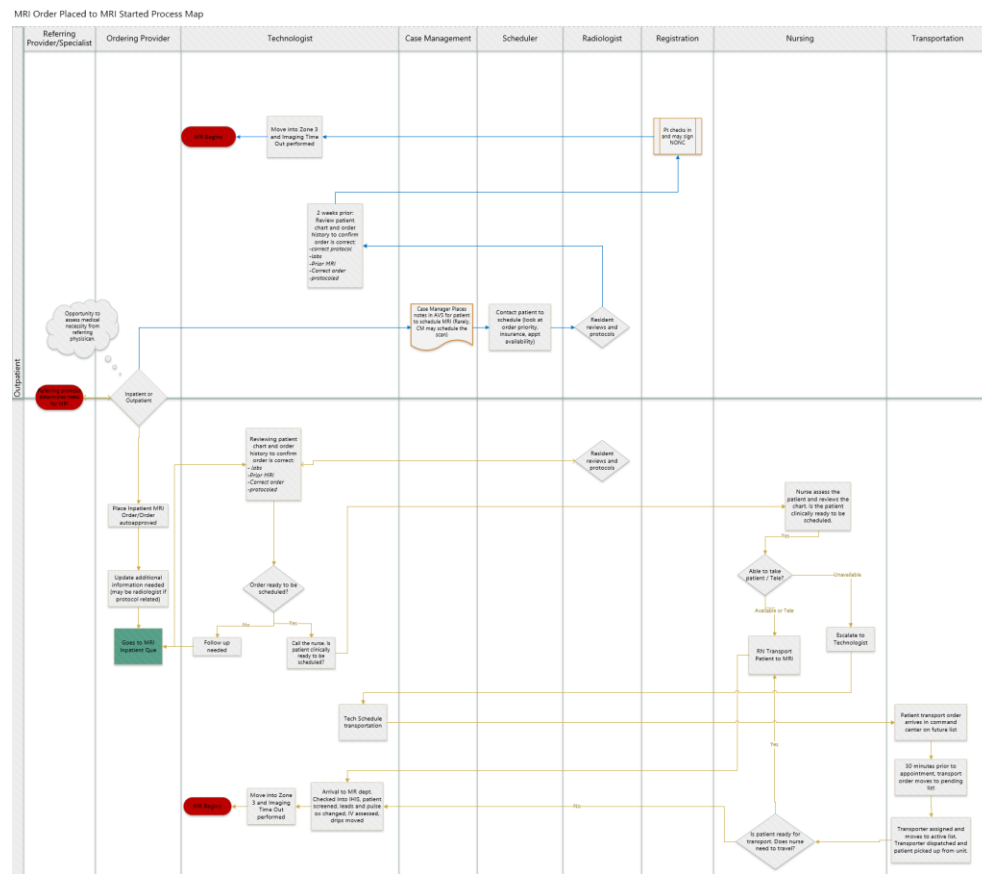
-Charles Kettering

Opportunities in all interdisciplinary teams

- Ordering provider
- Radiologist
- Technologist
- Nursing
- Transportation
- Anesthesiology
- Cardiac Clinics

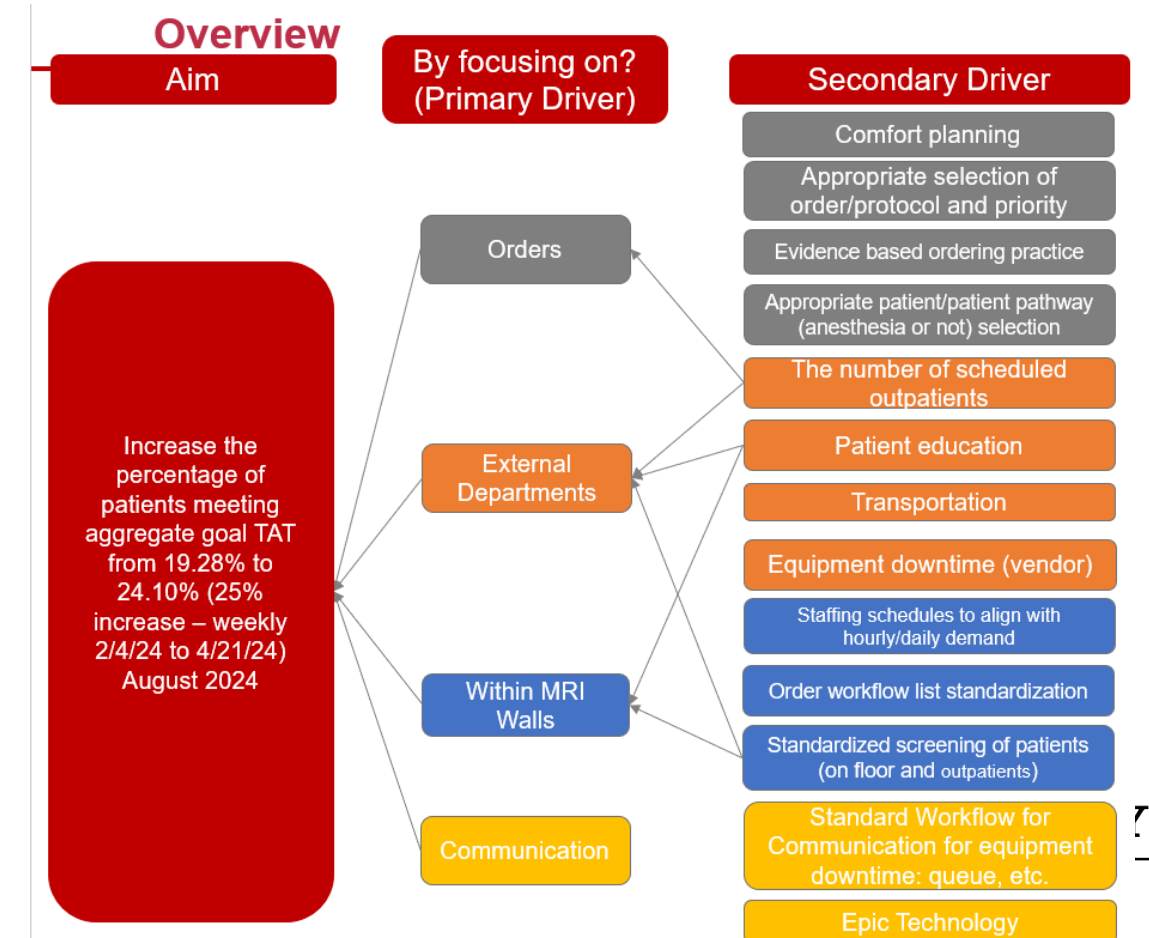
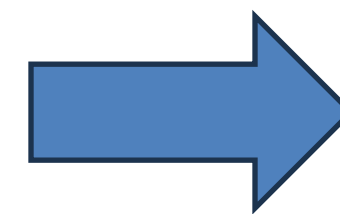


Define, Measure, Analyze, Improve, and Control (DMAIC)



| Suppliers (Sources) | Inputs measurable | Process Steps | Outputs measurable | Customers |
|--|---|----------------------------------|--|---|
| Patient, EMR, Consultants, MRI department | Patient care information, consultant recommendation, knowledge of MRI TAT | Provider Orders MRI with acuity | MRI ordered (hits queue) | Patient, Radiologists, Rad Techs |
| EMR, RN, Provider | Patient information, order, Procedure notes, Patient history | Technologist Reviews Case | More questions for nurse, provider, case deemed ready to protocol/schedule | Patient, Provider, RN, Radiologist, Rad Tech Team |
| EMR | Radiologist, patient information, order | MRI is Protocolled | MRI protocol | Patient, Provider, RN, Rad Tech Team |
| EMR, Unit Environment, Patient | Patient information, RN workflow, Patient schedule | Nurse Review | Information regarding if patient is able to go down to MRI and whom should accompany the patient | Patient, Provider, Rad Tech Team, Radiologist |
| EHR | Order, MRI schedule, urgency of order | MRI is Scheduled by Technologist | Time of test | Patient, Provider, RN, Rad Tech Team, Radiologist |
| Bed, Wheelchair, Transportation Department | Order from RN/Technologist, Patient, Study time | Patient Transport to MRI | Patient arrives at MRI department | Patient, Provider, RN, Rad Tech Team |
| Patient, EHR, Medical Equipment | Patient history from patient and EHR, drips, vitals | Check-in, Screening | Patient ready for move to zone 3 | Patient, Provider, Radiologist |
| Bed, Wheelchair, MRI department | Patient, Checklist, Radiation Technologist | Move to zone 3 Time Out | Patient ready for MR | Patient, Provider, Radiologist |
| Patient, MR table, MR | Patient, Protocol, Radiation Tech | MR Begin | MRI images | Patient, Provider, Radiologist |

| High Impact/Easy to Do | High Impact/Difficult to Do |
|--|---|
| <ul style="list-style-type: none"> Preventative Maintenance Schedule Outpatient MRI in Inpatient No standard workflow for communication Screening process Physician Approved Cancellation Algorithm Transportation | <ul style="list-style-type: none"> Ordering provider orders wrong order Limited knowledge of MRI indications by ordering providers Consultants make recommendations without knowledge of impact to system Scanner failure/repairs No policy to prevent overutilization No prioritization policy Equipment Downtime |
| Low Impact/Easy to Do (Low-Hanging Fruit) | Low Impact/Difficult to Do |
| <ul style="list-style-type: none"> Escalation Calls Difficult to communicate with radiologist | |



Key Identified Attributing Factors

Transportation delays

Staffing constraints

Team engagement/ buy-in

Increased MRI volume

Escalation algorithm not standardized

Interdisciplinary relationships

Schedule Template

Screening/ Prescreening delays

Appropriate Resources



Strategy:
How we executed
change to improve

Edwards Deming - Lens of Profound Knowledge

It provides an opportunity for dialogue and learning!

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A framework for how to think about Quality Improvement

Our strategy guide for implementing change



Assess the culture of the department



Ensure the team has the right resources



Strengthen the interdisciplinary partnerships



Establish baseline performance



Swiftly implementing the quick wins



Optimize Technology



Provide follow up and maintain team engagement



Assess the Culture of the Department

- What purpose does the team have?
 - What processes are in place to support the team?
 - How do the people impact the culture?
- Identify hidden leaders and leverage their network
- Engage the team for their feedback and buy-in
- Provide structure and accountability

“Seek first to understand, then to be understood”

-

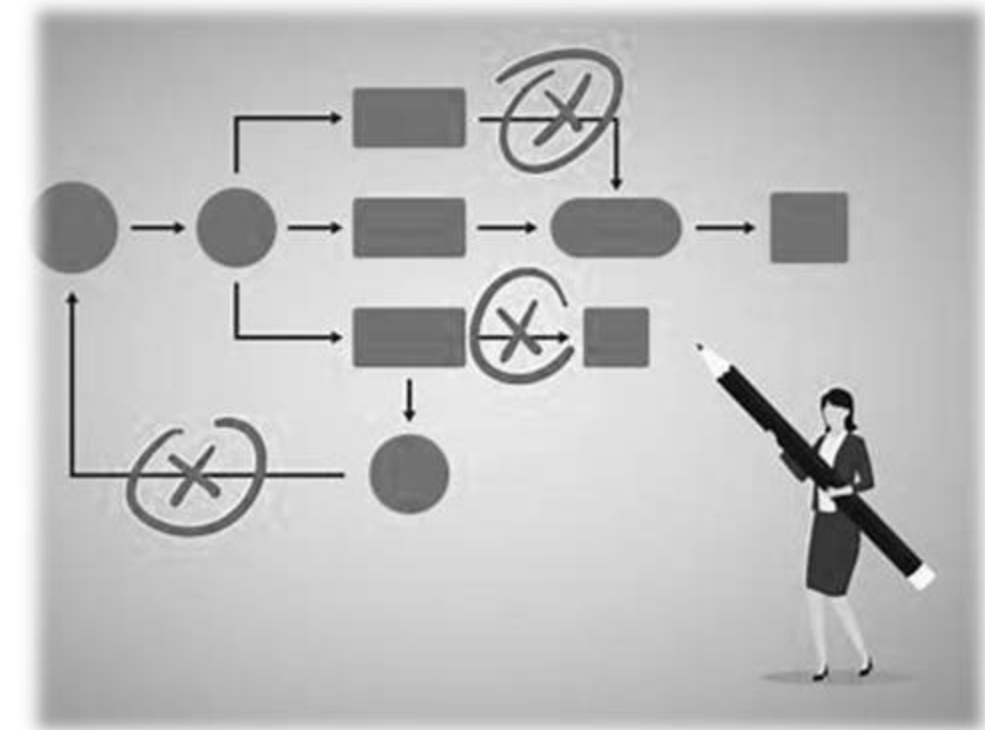
Stephen Covey



Ensure the team has the right resources

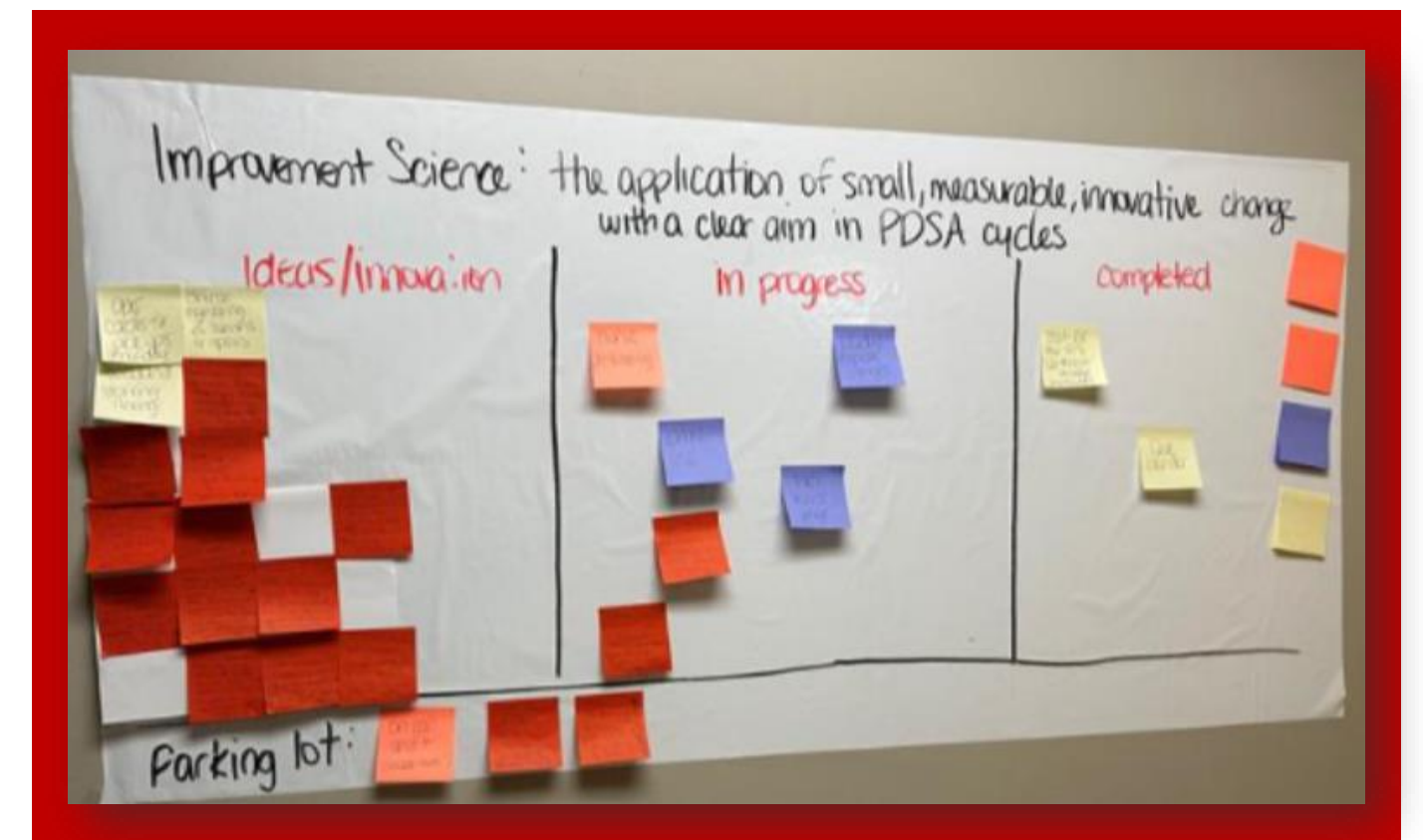
“We do not want to do more with less, we want to do better with the right resources”

- What process is in place that does not support the teams?
- Does the team and department have the right tools?
- What ideas or barriers does the team identify?
- Can technology be utilized to support the teams?



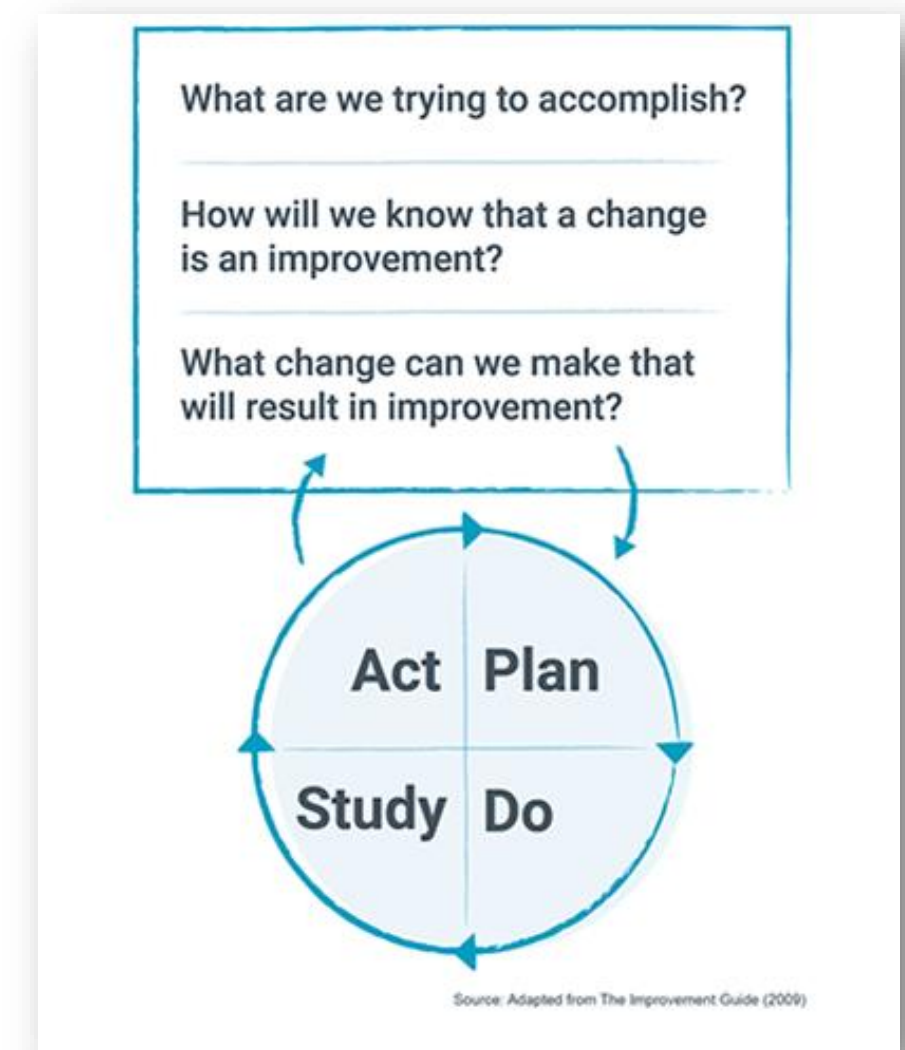
Providing the Resources

- Implementation of a standardized triage algorithm
 - Prioritize care for the STAT/ER orders
 - Care for patients from oldest to newest when appropriate
- Partnering with our radiologists
 - Escalation of life-threat scans
 - Education to Residents regarding MRI clearance films
- Staffing needs identified
 - PCAs
 - Nursing
 - Implant Specialist
 - Students
- Pyxis purchased



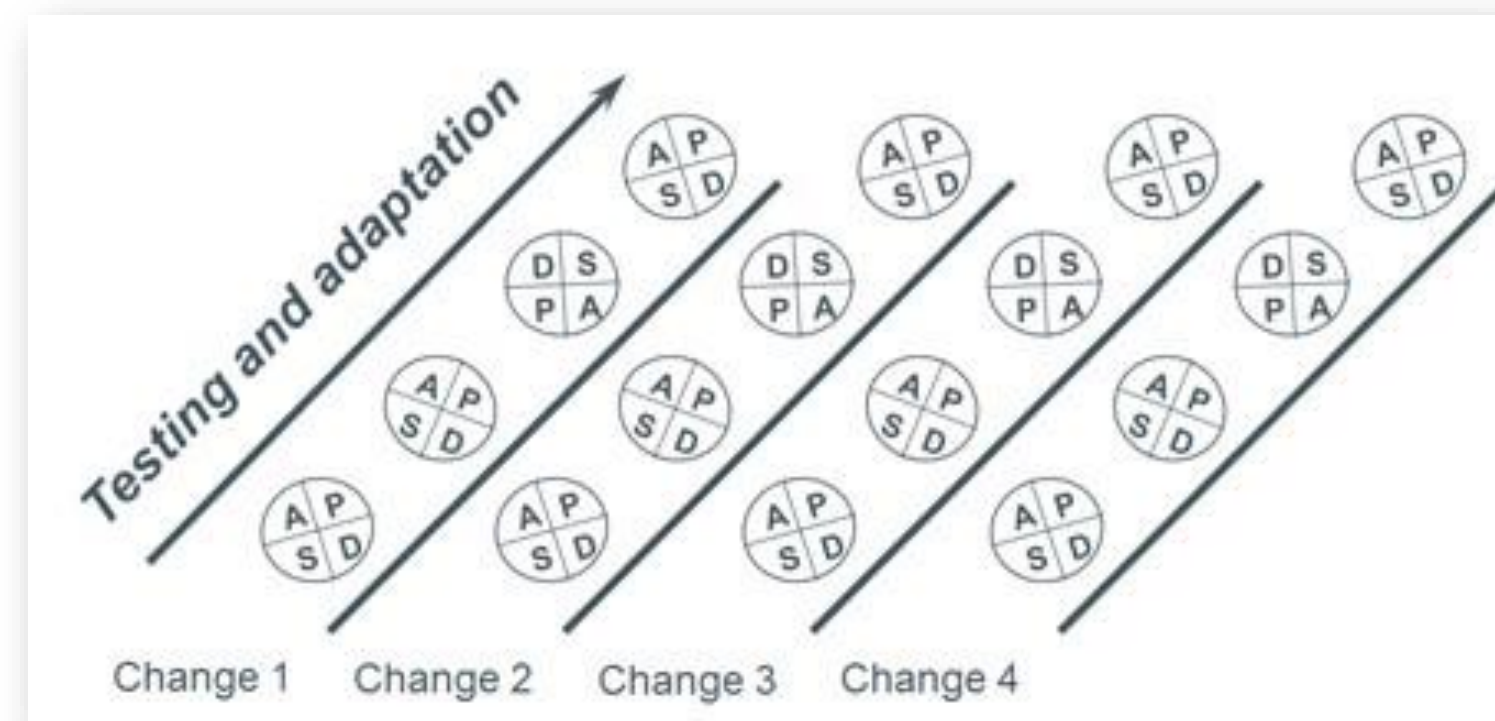
Establish Baseline Performance

- What is the current department landscape?
- How did we get where we are?
- Involve the team in mapping the current performance



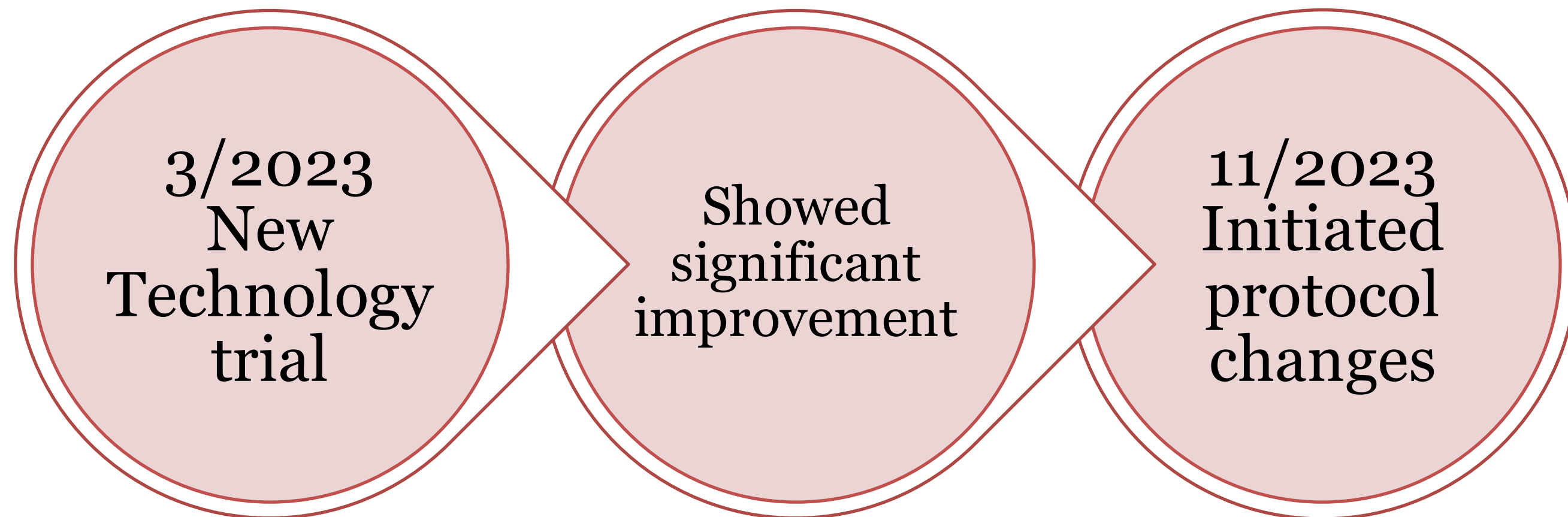
Swiftly implementing the quick wins

- Short term wins provide proof that the change initiatives are making progress”
- This ensures you tackle the “low hanging fruit” items that will make a high impact
- Creates buy in and motivation
- Inspires forward movement

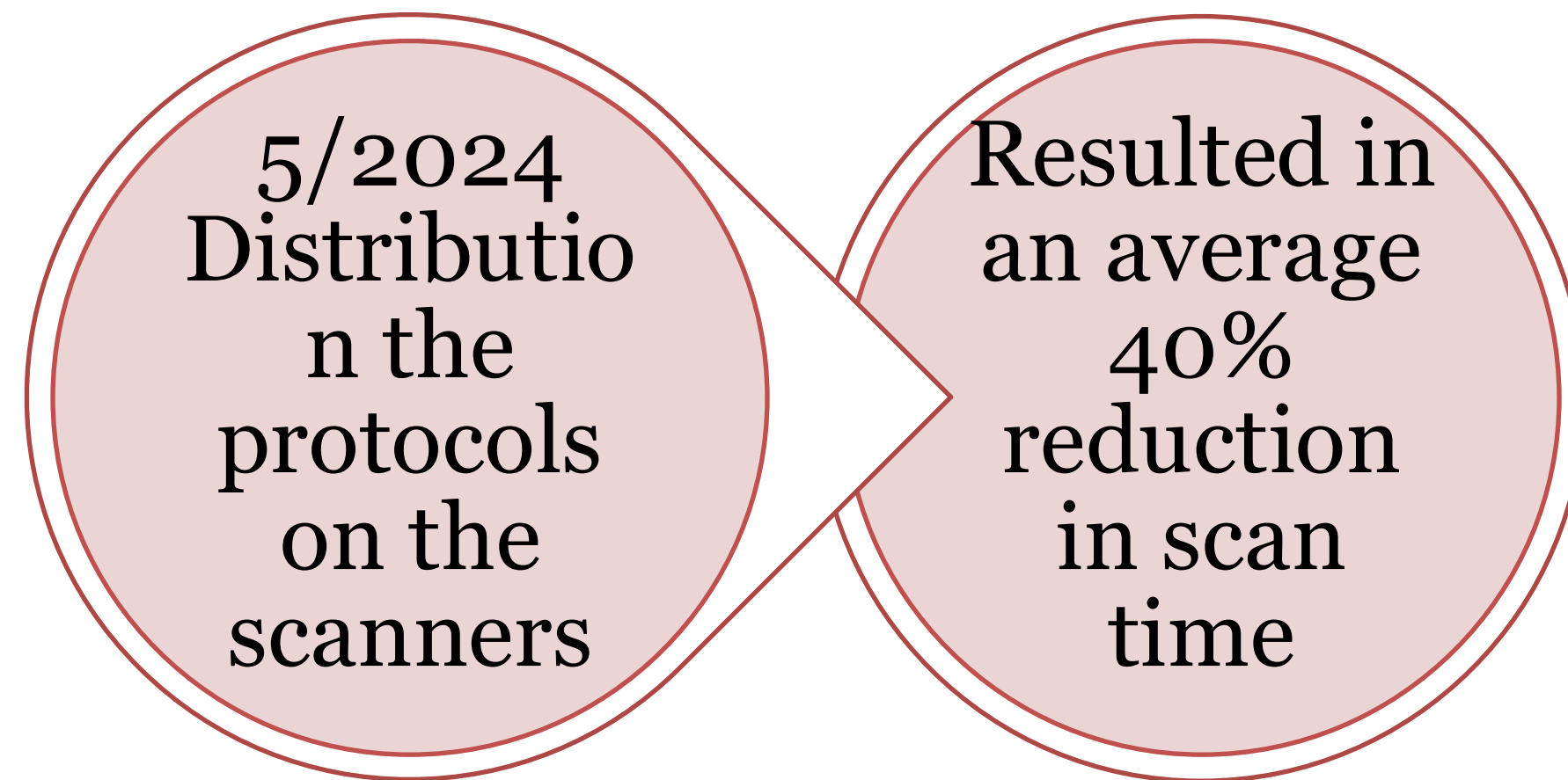


Technology Optimization

AI powered technology available that accelerates MRI sequences



Technology Optimization



Technology Optimization

Non-DR protocol time

| | |
|------------------------------------|----------------|
| AAKnee_Scout_18ch | 00:14 |
| AutoAlign... | |
| Ax PD FS TSER | 03:46 |
| Generic Vi... | |
| Cor T1 TSE | 02:13 |
| 1 | |
| Cor IW FS TSER | 03:43 |
| 1 | |
| Sag PD TSER | 03:59 |
| 2 | |
| Sag IW FS TSER | 03:43 |
| 2 | Generic Vi... |
| Lat Knee Pain Sequences Requested? | |
| no | Basic Decision |

Duration Σ 17:38

DR knee protocol time

| | |
|------------------------------------|----------------|
| AAKnee_Scout_18ch | 00:14 |
| AutoAlign... | |
| Ax PD FS TSER_DR | 01:49 |
| Generic Vi... | |
| Cor T1 TSE_DR | 00:41 |
| 1 | |
| Cor IW FS TSER_DR | 01:25 |
| 1 | |
| Sag PD TSER - p4_DR | 01:12 |
| 2 | |
| Sag IW FS TSER_DR | 01:25 |
| 2 | Generic Vi... |
| Lat Knee Pain Sequences Requested? | |
| no | Basic Decision |

Duration Σ 06:46

Real Data from one of our scanners

- Over the last 6 months we show the average duration is 8.31. The other scanner cannot be optimized with the AI technology and shows 21.39 minutes per knee.

| MRI KNEE RIGHT WITHOUT CONTRAST | | | |
|---------------------------------|--------|---------------|------------------|
| Scanner | | Duration[min] | Change time[min] |
| MMH 108 | a 3T | 08:31 | 18:24 |
| MMH 108 | t 3.0T | 21:39 | 19:01 |



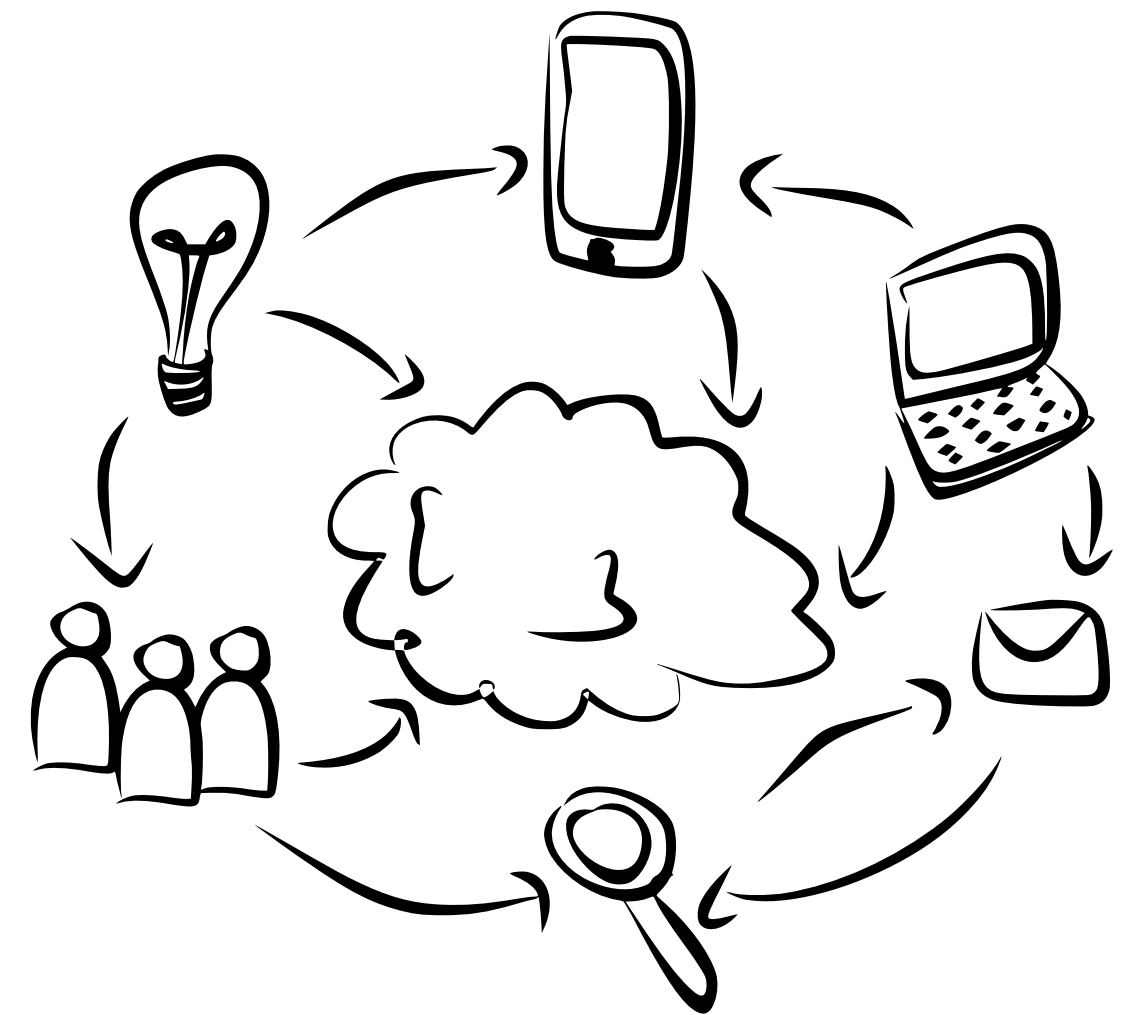
Strengthen the Interdisciplinary Partnerships

- Assess the stakeholders
 - Who influences the team's success?
- Strengthen interdepartmental communication
 - Start with introductions and purpose
- Engage high-impact teams
 - Leverage the connections and influence
- Involve the teams in the project
 - Create a platform for shared decision making



Provide follow up and maintain team engagement

- Establish a mechanism for communication/feedback
 - Validate efforts
 - Recognize involved staff
 - Reinforce and encourage the teams
 - Address resistors
 - Provide accountability
- Strengthen interdepartmental relationships
 - Partner with other teams who have ideas for improvement



Team Engagement Efforts

Visual Management board

Daily huddles

Manager and lead follow up

Peer to peer accountability and engagement

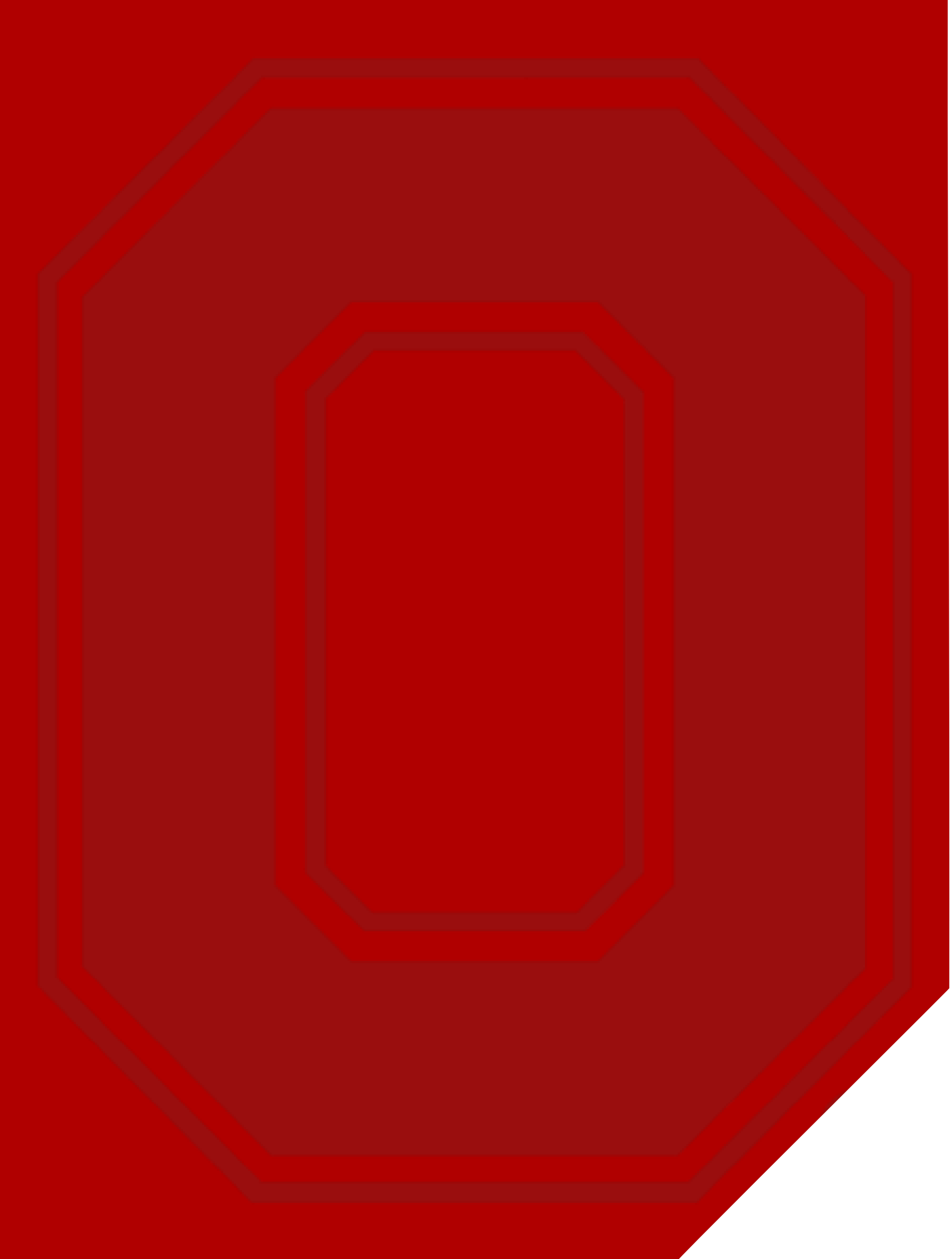
Engagement of the teams for buy in prior to changes

Celebrating successes

Displaying the metrics at staff meetings

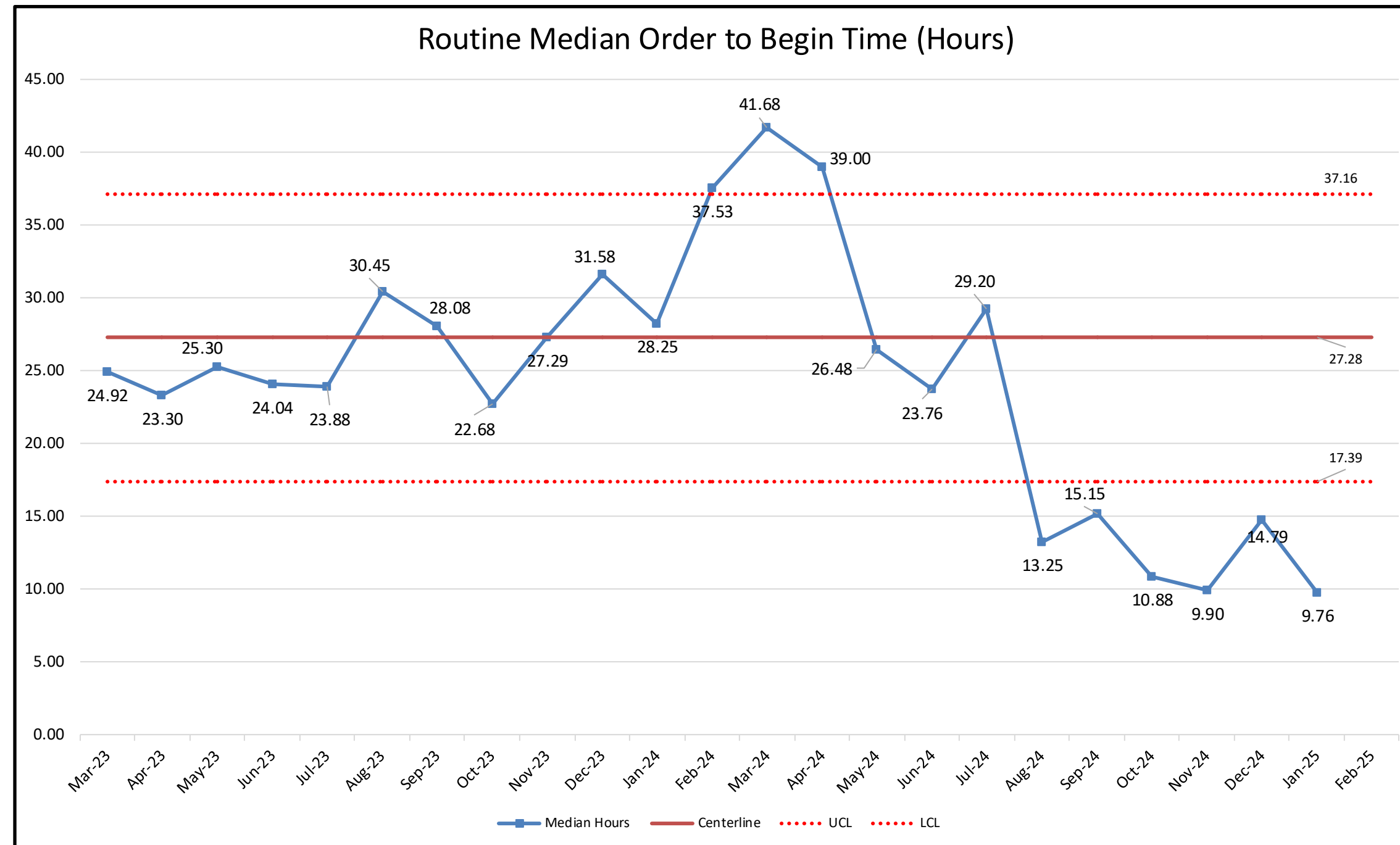
Documentation of que 2x daily





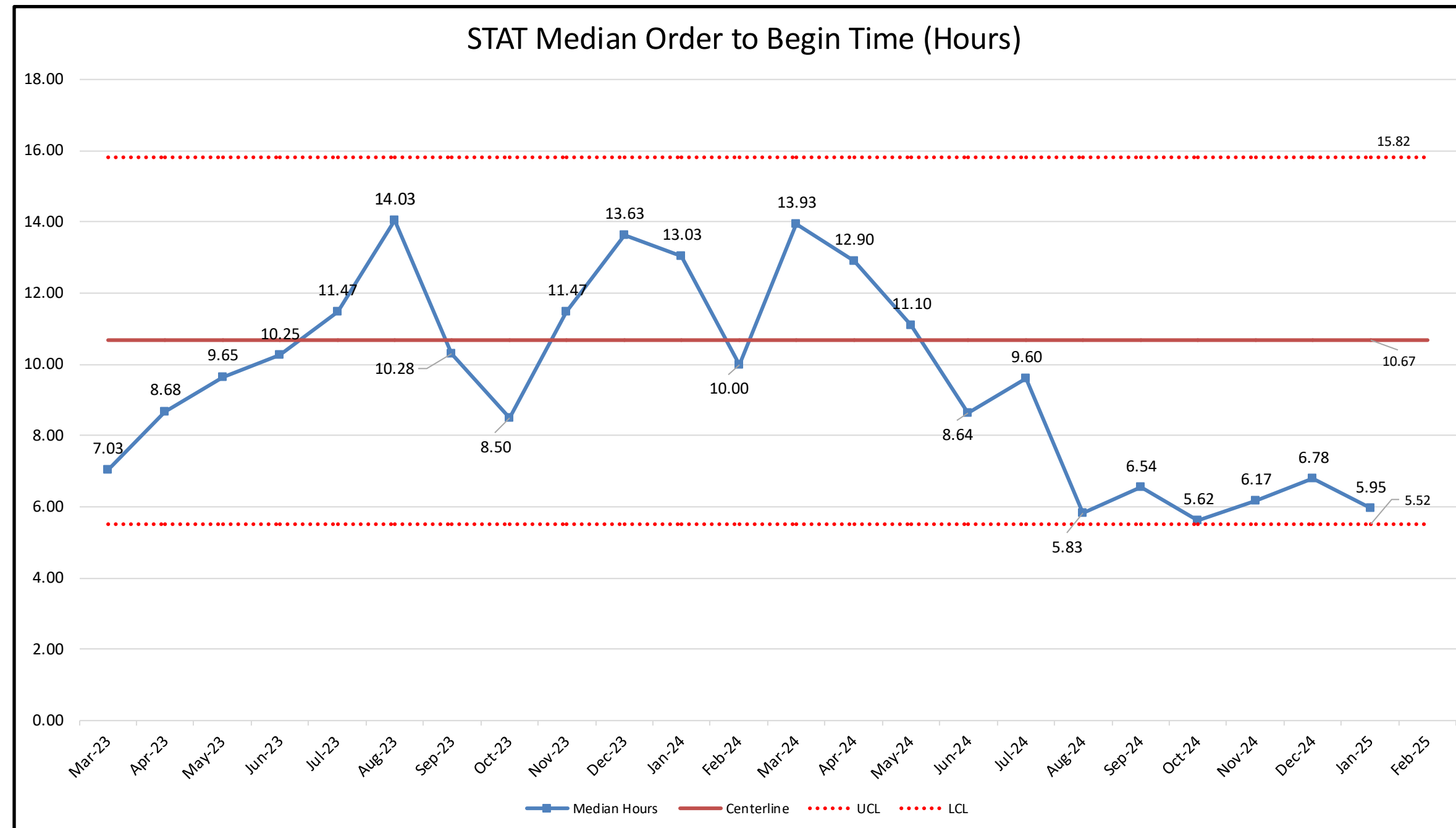
Outcomes:
Evaluation of Our
Current Progress

Routine Turnaround Times



- 6 data points below the centerline

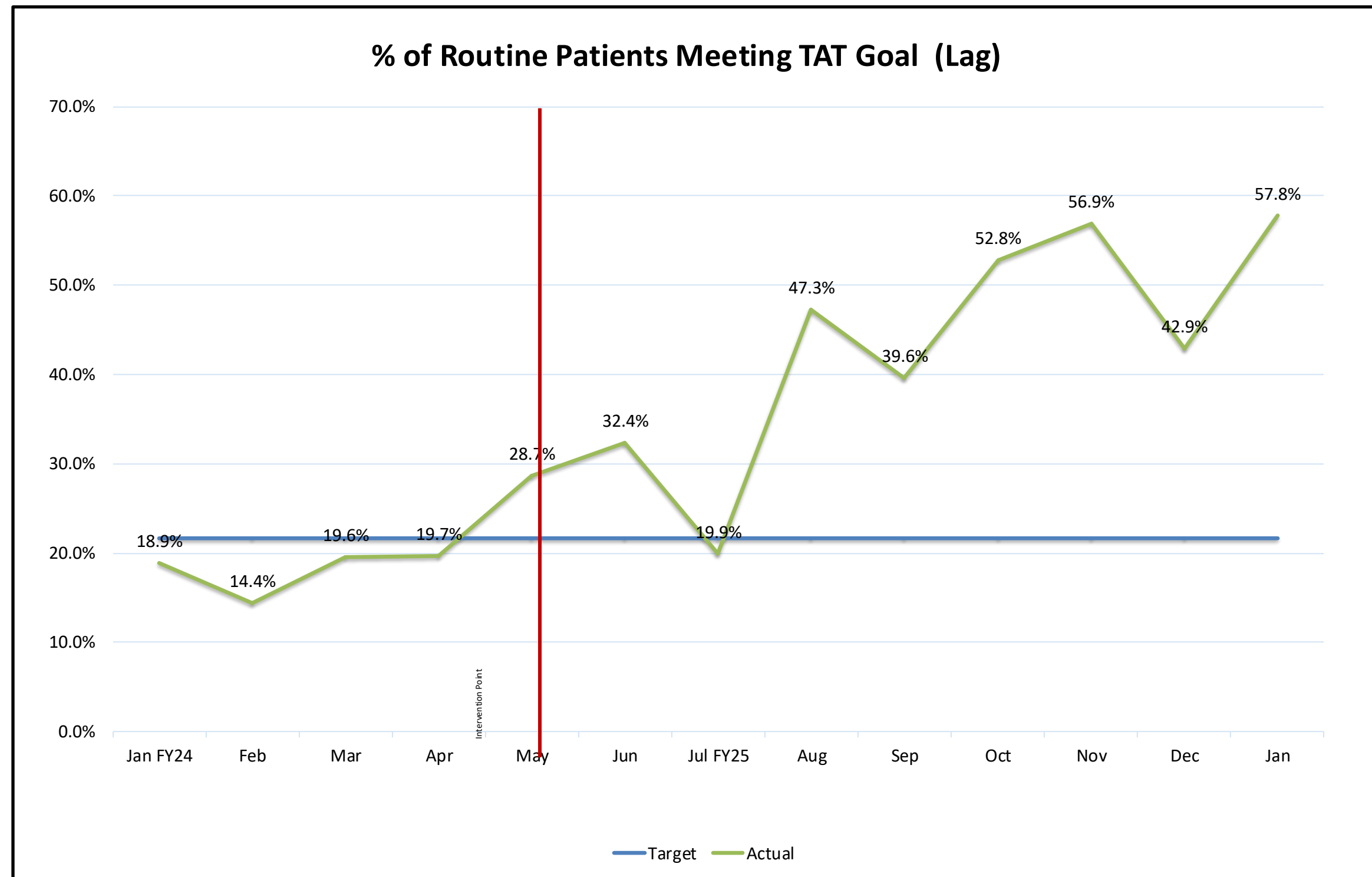
Stat Turnaround Times



- 8 data points below the centerline
 - We can confirm a shift



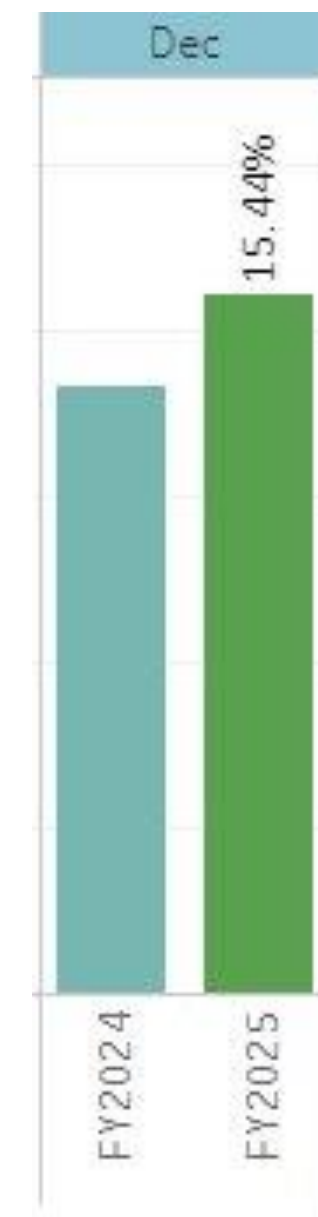
Turnaround Time Goal



- Since January 2024
 - 8 months above our goal

Volume Increase

- Patient technical volume increase of 282 exams
 - (15%) increased from Dec 2024 vs Dec 2025
- Maintained our current volume while improving TAT





Insight: Reflections and Takeaway

“

**Be the Best at
Getting Better**

-D. Delisle

”



Lessons Learned

- Not everyone would see the changes as positive
- Engage the nay-sayers
- PDSA cycle importance
- Evidence should drive changes
- Stay in the PRAISE



Lessons Learned

- Always engage the team for buy-in before optimization
- Ensure you have the right team members involved in the project work
- Transparent communication is key
- Recognizing success and acknowledging outcomes
- ~~Failure~~ Failure is part of the Path to success
- Patience and Persistence are Key

**Failure is
success in
progress.**
ALBERT EINSTEIN

“Changes happens WITH and THROUGH people, not AT and TO them”

“First who, then what.”



Key Reminders Along Our 2 year Journey

- Continuous improvement is a journey, not a destination
- Data-driven decisions lead to better outcomes
- Engagement from all levels is crucial
- Change management is as important as process improvement
- Focus on sustainable results
- Measuring the right metrics matters



Our MRI Improvement Journey Continues

- Our efforts will be dedicated to the continuous improvement of our department
- Our path to continued success will come from a different direction
 - Ordering provider ownership
 - Nursing engagement
 - Anesthesiology partnership

“First who, then what”



Future Plans



Establish a demonstratable business case for quality



Enhance inpatient staffing model to support expanded hours of operation



Create in-house held time slots for specific outpatient scans



Implement Nursing Pre-screening

**Thank you for
allowing us the
opportunity to
share
improvement
efforts!**

For additional follow up, please
contact Lauren or Annette:

Lauren.Bergstrom@osumc.edu
Annette.Long@osumc.edu

Questions?



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We value your feedback!

*Please scan the QR code to
submit a survey
for this session.*

